

Helava Travel

6 DAYS

Fiji in *a Nutshell.*

*Six days that give you a real sense of what
this country is.*

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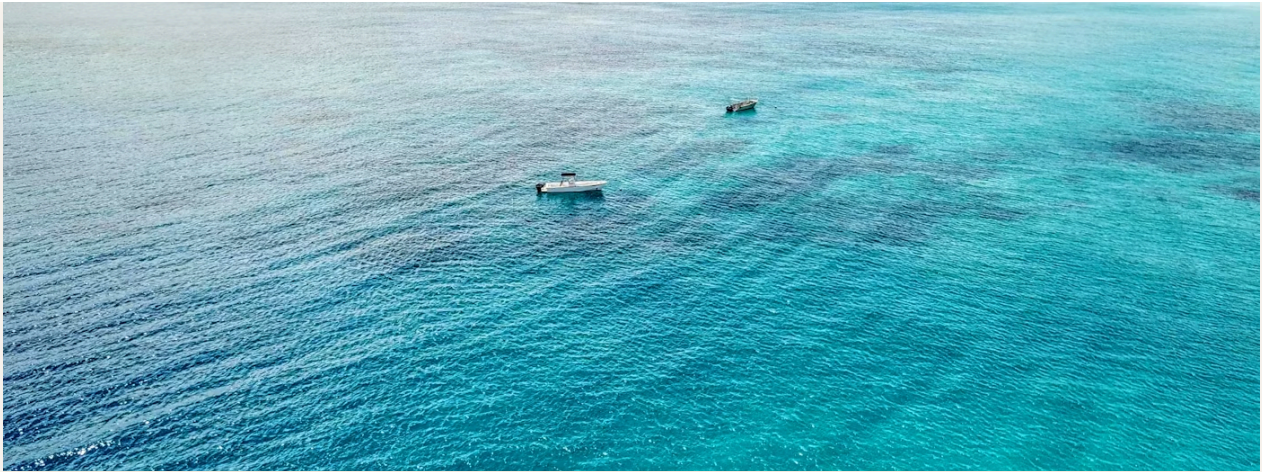
6 DAYS



Six days is enough time to understand Fiji if you spend it well. This itinerary moves between the Mamanuca and Yasawa Islands by small ship, puts you in a chiefly village on a Sunday, and finishes on the Coral Coast with time to slow down before you leave.

AT A GLANCE	
DURATION	6 days
STYLE	Small ship cruise then Coral Coast resort stay
BEST FOR	Couples, adult travellers, those adding Fiji to an Australia or New Zealand trip
REGIONS	Mamanuca Islands · Southern Yasawa Islands · Coral Coast
KEY OPERATOR	Blue Lagoon Cruises, MV Fiji Princess, maximum 64 passengers
Here's a bit of inspiration for you. helavatravel.com	

DAY BY DAY



Port Denarau Marina. The MV Fiji Princess departs from here each afternoon. Check in is before 2.30pm.

I DAY 1

Arrive and Board at Denarau

Transfer from Nadi Airport to Port Denarau Marina — about 20 to 30 minutes. Check in at the Blue Lagoon Cruises counter before 2.30pm. The MV Fiji Princess takes a maximum of 64 passengers. That's the whole point. You'll know the crew by name within a day, and the pace is set by the islands, not a schedule.

WORTH KNOWING

- Book the Orchid Cabins on the middle and upper decks. Worth the upgrade.
- The Captain's Welcome Dinner tonight is when the trip properly begins.
- We can arrange a meet and greet at the airport and a private transfer to the marina.



Monuriki Island. The beach you're looking at is the one from the film *Cast Away*. In real life, it's just as quiet.

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DAY 2

Monuriki Island

Wake up anchored off Monuriki Island. Swim, walk the beach, have breakfast. Then the ship moves on to Soso Bay, a chiefly Fijian village that's still functioning, still real. The visit here is the kind of thing people talk about long after they've forgotten the name of the resort they stayed at.

WORTH KNOWING

- If conditions allow, you'll snorkel with reef sharks in a sheltered bay. Nothing to worry about and everything to remember.
- Bring something useful for the kids at Soso Village. Colouring books, pencils, paper. Not sweets.
- Sunday church in a Fijian village, if you have the opportunity, is something else entirely.



The southern Yasawa chain from the air. The islands here are among the least developed in Fiji.

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DAY 3

Soso Bay to the Yasawas

Sunday in Fiji is different. The ship moves through the southern Yasawa chain today. Islands that most travellers never reach. If you have the opportunity to attend a village church service on the way, take it. The singing alone is worth waking up early for.

WORTH KNOWING

- The Yasawa Islands are among the least developed in Fiji. What you see here is the country without the resort layer on top.
 - The day has a slower rhythm. Let it.
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The approach to Port Denarau at late afternoon. The catamaran transfer brings you back in time to drive south.

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DAY 4

Sacred Islands to the Coral Coast

An early morning snorkel or swim before the ship sails to the Sacred Islands. After lunch, a high speed catamaran brings you back to Port Denarau, arriving around 3pm. Then transfer south to Yatule Beach Resort on the Coral Coast. About an hour and twenty minutes.

WORTH KNOWING

- Natadola Beach is one of the better stretches of sand on the main island. Walk it before dinner if the light is still good.
 - Yatule is relaxed and well positioned for a day of exploring the Coral Coast tomorrow.
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The Coral Coast south of Sigatoka. The landscape here is greener than people expect — hill country running right down to the water.

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DAY 5

The Coral Coast

A full day to settle into the Coral Coast. Some people do nothing and that's right for them. If you want to be active, Ecotrax runs electric rail bikes along the old sugar cane railway tracks. About three hours through mangroves, river crossings, open coastline and small villages.

WORTH KNOWING

- Ecotrax electric rail bikes along the old sugar cane tracks. About three hours. Book ahead.
- Sigatoka River Safari. Half a day up the river by jet boat with a village stop.
- Café Planet in Korotogo roasts their own beans. Worth a stop after Ecotrax.

Last light over the water. Fiji does its best work at this hour.

6

DAY 6

Departure

Check out, transfer to Nadi Airport, and carry Fiji home with you. If your flight is late, ask us about a late checkout or a half day option on the Coral Coast. There's no reason to sit at the airport for five hours.

WORTH KNOWING

- The duty free shop after customs stocks Fijian rum, Pure Fiji products and local chocolate.
- If connecting internationally from another Fiji leg, note liquid restrictions before you buy.

"Here's what most people miss — Fiji on a small ship is a different country entirely."

HELAVA TRAVEL

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your Fiji trip?

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